



Pre-Operative Instructions For Periodontal Surgery

- Take any routine medication as normal on day of surgery.
- If you were given a prescription to start prior to your surgery, please ensure that you have it filled prior to your appointment and take as directed.
- The day before your appointment it is advised that you drink 1-2 litres of water.
- The day of your appointment it is advised that you have a hearty breakfast and/ or lunch as you will be on a soft food diet after.
- Please bring your health card with you. You will need it for our prescription.
- If you have long hair, please have it tied back.
- Wear comfortable clothing and a short sleeve shirt. Bring a sweater or sweatshirt with you.
- If you have music on your phone, and would like to listen to it during your appointment, please feel free to bring it.
- Please plan to arrive 10 minutes prior to your scheduled appointment.
- If there are any changes in your health history, please advise us of this.
- If you are NOT being sedated you are able to drive yourself here and home.



For Patients Being Sedated

- Do not eat or drink after midnight
- Do not consume any alcohol
- You can not drive for 24 hours after your appointment
- You must have a responsible person available to drive you home and stay with you
- Please note - surgery has been scheduled for you; the time may need to be adjusted closer to the date of your appointment.

We require 7 days notice to reschedule appointments



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